### SAMADHAN



Annual Report

2017-2018



#### **Contents**

Executive Committee	2
About SAMADHAN	3
Statistics at a Glance	7
DISHA – Early Intervention and School Readiness Programme	10
Workshop on Autism – "Because awareness matters"	11
Workshop on ART and the BRAIN!	12
Crafts Workshop by Japanese Volunteers Group	13
Workshop on Effective Parenting at Hello Kids – Deeksha, Bengaluru	14
Free Health Camp For Children With Special Needs	15
Valuable Contributions	16
The Sumitomo Group	16
Team Sumitomo visits Dakshinpuri	17
The Toy Bank	18
Dwarka Special Education Unit	18
Success Stories	19
A support for Jatin's bright smile	19
Vasundhara, always a winner	20
Mr. Funaki's Visit to Dakshinpuri	21
The Magic Show organised by Impresario India	21
Event - Challenges to Celebrations	22
Income Generation Programmes	24
The Spice Unit	24
GAP – Eco-friendly complimentary bags	25
Celebrations at SAMADHAN	26
Advanuelagments	20

#### **Executive Committee Members**

Mr. Ratan Kumar Gurtoo	President
Mr. George Koshi	Treasurer
Mr. Sanjay Balasundaram	Member
Ms. Janak Kumari Gandhi	Member
Ms. Smita Pramanand Hopper	Member
Ms. Pramila Balasundaram	Ex- Officio
Ms. Sumathi Morgan	Ex- Officio

### <u>About</u> <u>SAMADHAN</u>

SAMADHAN extends its services to children with Intellectual disabilities such as Autism, Cerebral Palsy, Mental Retardation, Multiple Disabilities. Down Syndrome, Learning disabilities, Attention **Deficit** Hyperactivity Disorder and Developmental Delays. The primary activity of SAMADHAN is identifying and providing services for children who are either born with intellectual disability or at risk for developmental delay leading to disability if relevant services are not available and who are also impacted by poverty. The age group served is 0 to 12 years.

The medical team of multidisciplinary professionals consists of Paediatrician, Occupational Therapist, Speech Therapist, Psychologist and Special Educator.

Creative Movement Therapy, Drama Therapy, Music Therapy and Art Therapy form part of the curriculum to train these children.

#### Legal Status

SAMADHAN is a registered society under the Societies Registration Act of the Government of Delhi with registration number 12183. It is covered under the Society's Registration Act of 1981, registered under section 80 G of the Income Tax Act of 1961. SAMADHAN is registered under the FCRA with the Ministry of Finance with Registration No 1160156865

#### <u>Mission</u> Statement

To establish an infrastructure of accessible services for persons with intellectual disability living in low socio economic areas and primarily for infants and preschool children, using as far as possible manpower resources available within the target communities with active community participation leading towards an inclusive society.

#### Membership

SAMADHAN is a member of national & international membership bodies:

- \* Registered under Persons with Disabilities (Equal Opportunities, Protection and Rights and Full Participation) Act, 1995
- ❖ Member of the National Trust, a statutory body of Government of India
- ❖ Affiliate member of Inclusion International
- ❖ Full member of the Asian Federation for the Intellectually Disabled (AFID)
- ❖ An Institutional member of the ARC-Asian Resource Centre, located presently in Tokyo, Japan
- ❖ Member, Local Level Committee, New Delhi District for Legal Guardianship

#### Major Awards

- Founder-Mentor received an "Award of Recognition" from the Inclusion International, at their World Congress held in November 1998.
- SAMADHAN was one of the winners out of approximately 2300 applications in the competition organized by Development Marketplace for the World Bank in Washington in 2002 and won the Award for Innovation.
- On June 25, 2011, the *Uttar Pradesh Mahila Manch* honoured Ms. Pramila Balasundaram, Founder-Director with an award titled, "*Hind Prabha 2011*" for her more than 30 years of dedicated services in the field of intellectual disability.



#### Services at SAMADHAN

#### **House-to-House surveys:**

This is done through women from the community and mothers of the disabled themselves, who are trained by us in a specially developed module to suit their levels of education. The identification surveys are conducted using the original WHO Ten Question Checklist modified to suit our purposes. Our case worker is trained to help families identify symptoms of disability at birth and during developmental stages, and educate them on the benefits of early intervention. Once she identifies a child with disability, she counsels the family and motivates them to seek early intervention for the child.



#### **Rehabilitation Clinic:**



Once-a-week paediatric clinic caters to children between the ages of 0-12 years. It provides therapeutic services, after an initial assessment and diagnosis by a team of multidisciplinary professionals. SAMADHAN trains community women, with specially the mothers of the disabled, to provide assistance to therapists in the early intervention unit.

#### **Early Intervention Unit:**

Children from 0-5 years undergo regular one-to-one therapy sessions in the early intervention unit at SAMADHAN by a team of experienced professionals. Mothers/caregivers attendance is mandatory as the exercises need to be continued at home.







**Special Education Unit:** Children in the age group of 6-12 years get training in activities of daily living, academics and behavioural changes. Those in the educable range are given appropriate training and are sent to mainstream schools.

**Counselling Services:** Counselling for parents and family members at SAMADHAN.

**Health Camps:** Health camps and surveys are conducted for early identification of disability and subsequent counseling.

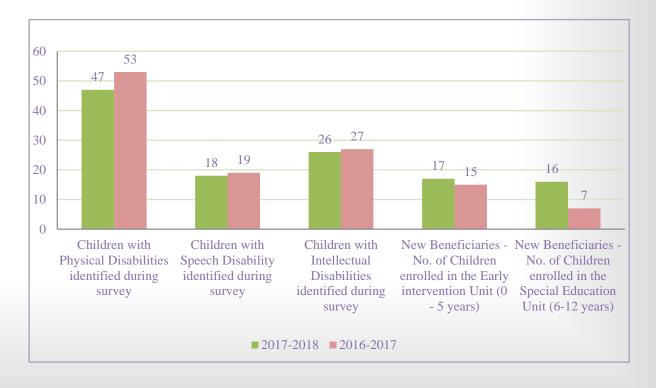
Workshops and Training: Regular workshops and training programmes for teachers, caregivers and volunteers are conducted on issues related to intellectual disability.

We constantly strive to improve the livelihood access for families of children with disabilities through skill training and income generation activities like making of handicraft papier mache products, spice products and high protein laddoos (made to order) etc.



#### Statistics at a Glance

House-to-house survey	3450 families
Children with Physical Disabilities identified during survey	47
Children with Speech Disability identified during survey	18
Children with Intellectual Disabilities identified during survey	26
New Beneficiaries - No. of Children enrolled in Early intervention Unit (0 - 5 years)	17
New Beneficiaries - No. of Children enrolled in Special Education Unit (6 - 12 years)	16
Student - Teacher Ratio in Special Education Unit	7:1
Therapy offered in Early Intervention Unit	1:1 basis
No. of Children attended paediatric clinic facility	166
No. of Children admitted in mainstream schools during this academic year	3



LIST OF BENEFICIARIES - SAMADHAN (2017-18)						
SPECIAL EDUCATION						
S.N.	Name of the Beneficiary	Sex	Age	Type of disability	Date of Admission	
1	Shubhan	М	8 years	Physical/Speech	13.01.2015	
2	Ashfaak Ali	М	12 years	Down Syndrome	10.07.2015	
3	Harshit	М	10 years	Physical/Speech	02.04.2011	
4	Naitik	М	9 Years	Cerebral Palsy/Hyper	25.07.2016	
5	Sneha	F	9 Years	Down Syndrome	21.01.2015	
6	Prince Koli	М	8 years	Cerebral Palsy/Hyper	10.10.2016	
7	Rohan	М	10 years	Autism/ Speech	07.02.2013	
8	Manthan	М	11 years	Mental	10.11.2012	
			_	Retardation/Speech		
9	Aahil	М	5 years	Down Syndrome	25.07.2016	
10	Prince Jatav	М	6 years	ADHD/Speech	25.07.2016	
11	Priyanka	F	10 years	Mental Retardation	10.04.2017	
12	Manish	М	11 years	Mental Retardation, Hyper	11.09.2017	
13	Somya	F	9 years	Brain Tumour (Left side), Mental Retardation	06.07.2017	
14	Shagun	F	7 Years	ADHD/Speech	24.08.2017	
		•	EARLY INTER			
15	Rupaali	F	7 years	Cerebral Palsy/multiple	12.01.2012	
	•		,	disability		
16	Gourav	М	4 years	Cerebral Palsy	08.01.2016	
17	Pranav/Samaksh	М	5 years	Cerebral Palsy	11.02.2016	
18	Rishab	М	4 years	Down Syndrome	01.02.2017	
19	Harsh	Μ	8 years			
20	Kartik	М	7 years	years Mental Retardation 13.0		
21	Yash	М	5 years	s Cerebral Palsy 09.03.2		
22	Vivaan	М	, ,		21.03.2017	
			Encephalomyelities,			
				Mental Retardation		
23	Yuvraj	М	3 years	Cerebral Palsy 20.08.2		
24	Deeksha	F	6 years	Cerebral Palsy	13.07.2017	
25	Garima	F	4 years	Down Syndrome	01.11.2017	
26	Parineeti	F	4 years	Cerebral Palsy	12.07.2017	
27	Keshav	M	6 years	Cerebral Palsy	07.09.2017	
28	Saziya	F	5 years	Global Development Delay	08.11.2017	
29	Himanshi	F	8 years	Global Development Delay	01.05.2017	
30	Sofia	F	5 years	Post encephalitic	12.07.2017	
	syndrome with Seizure  EARLY & SPECIAL EDUCATION					
31	Kasak Maheshwari	F	4 years	Down Syndrome	19.03.2015	
32	Deesha	F	4 years 4 years	Global Development	16.11.2017	
32	Decana	'	- years	Delay	10.11.201/	
33	Piyush	М	4 years	Cerebral Palsy 10.03.2017		
34	Karmveer	М	4 years	Autism/ Speech	13.11.2017	
35	Kanishka	F	5 years	Global Development	11.09.2017	
				Delay		
36	Himadri	F	4 years	Global Development	01.03.2017	

				delay		
37	Rajit	М	7 years	Mental Retardation	07.07.2017	
	OCCUPATIONAL THERAPY & SPECIAL EDUCATION					
38	Kavyansh	М	5 years	Speech & Slow Learner	09.02.2018	
39	Sameer	М	6 years	Autism/ Speech	01.02.2018	
40	Jatin	М	9 years	Hyper flexibility	01.02.2017	
41	Aryan	М	3 years	Lower Limb weakness	07.03.2017	
42	Arshad	М	5 years	Cerebral Palsy	08.02.2018	
43	Ishant	М	10 years	Cerebral Palsy	24.01.2018	

LIST OF CHILDREN ADMITTED IN MAINSTREAM SCHOOLS (FROM 2010)						
S.N	Name	Age	Sex	Disability category	School	
1	Sushant	8 yrs	М	Slow learner with speech	Private school	
2	Ankit	10 yrs	М	Down syndrome	Private School	
3	Ansh	11 yrs	М	M.R. and speech	Sona Modern School	
4	Sidhanth	11 yrs	М	Autism	Tekchand Public school	
5	Piyush	9 yrs	М	Autism	Private School	
6	Vikas	10 yrs	М	Autism	Primary school	
7	Abhinav	10 yrs	М	Hydrocephaly	Balwantrai Mehta	
8	Nisha	8yrs	F	MR and Speech	Private school	
9	Anshu	8 yrs	М	MR and Weak eyesight	Blind School	
10	Ishant	10 yrs	М	CP and Speech	Balwantrai Mehta	
11	Nancy Kohli	9 yrs	F	Autism	Balwantrai Mehta	
12	Priyanka	10 yrs	F	MR, Hyper, Speech	HCAR	
13	Angel	8 yrs	F	CP and Speech	Play school	
14	Samir	8 yrs	М	Slow learner with speech	MCD primary school	
15	Abhishek	10 yrs	M	Autism	Balwantrai Mehta	
16	Vaibhav	11 yrs	М	M.R.	MCD primary school	
17	Manish	11 yrs	М	M. R. with speech	MCD Primary school	
18	Neha	9 yrs	F	Microcephalous, M.R.	Primary school	
19	Bhavna	12 yrs	F	CP with M.R.	Primary school	
20	Farman	10 yrs	М	Slow learner with speech	Sivas Public school	
21	Deepika	8yrs	F	Slow learner	Shankuntalam school	
22	Kulwant	8 yrs	М	Slow learner	MCD Primary school	
23	Bhavya	9 yrs	М	Slow learner	MCD Primary school	
24	Himanshu	9 yrs	M	Slow learner	MCD School	
25	Sohil	9 yrs	M	C P with MR	MCD primary school	
26	Aryan	8 yrs	М	Autism	Seva Bharti school	
27	Sneha	8 yrs	F	Epilepsy, MR Sanskar Public Scho		
28	Kasak Maheshwari	4 yrs	F	Down Syndrome Kidzee School		
29	Karamveer	4 yrs	М	Autism/Speech	Sparsh School	
30	Priyanka	10 yrs	F	MR	Balwant Rai School	

#### <u>DISHA – Early Intervention and School Readiness Programme</u>

The DISHA programme, a scheme by the National Trust, a statutory body of the Indian Government, was granted to SAMADHAN. The DISHA Centre became operational from 1<sup>st</sup> September 2017 at SAMADHAN's Dakshinpuri Centre.

With its philosophy which states that all persons with intellectual disability can be helped, if appropriate and timely services are available, the DISHA scheme is a boon which helped our organisation reach out to children with intellectual disabilities from the families living below poverty line on a much larger scale.

Currently 11 children have been enrolled in the Scheme. Parents have shown a lot of enthusiasm for enrolling their children into the scheme since quality therapy services are given to children from the lower economic strata without any cost involved. The success story that can be shared at this stage is mainly acquiring Disability and Income certificate for the children from BPL families. Acquiring disability certificate is a long process and takes approximately 3 to 4 months of time after several visits to the hospital which was severely impacting on parents' work schedule and income as most of them are daily wage workers, petty shopkeepers or housemaids. Though orientation has been given to parents on how disability certificate and income certificate are useful for them in availing the various schemes of Government for the PwDs, not many were enthusiastic in getting the certificates mainly because of the time involved in acquiring them. Now with the implementation of this scheme, parents feel the necessity of the certificate. The scheme has brought hope to children from very poor backgrounds to get quality therapy services on regular basis and be able to lead a fairly independent life.







#### Workshop on Autism – "Because awareness matters"



The puzzle pattern of this ribbon reflects the mystery and complexity of autism. The different colours and shapes represent the diversity of people and families living with this disorder. The brightness of this ribbon signals hope through research and increasing awareness in people.

Samadhan has been undertaking many initiatives to spread awareness on Autism. As part of this, teachers of more than 20 Mainstream Schools, in and around Dakshinpuri, were invited to participate in the workshop on "Autism awareness for teachers at regular classroom setting" at our Dakshinpuri Centre, on 29.04.2017. Sixteen teachers from various mainstream schools of

Itom various manistream schools of

Dakshinpuri, and two teachers and one survey worker from Samadhan participated in the workshop. Ms. Pratima Tiwary, Head of the Department, Aasman, Special Education Unit from St. Mary's School, Dwarka, was the resource person.

The presentation covered the following key points:

- Identification
- Information on Assessment of the children with Autism
- Class room strategies and techniques to be used for autistic children
- CBSE guidelines on academic evaluation for children with Autism
- Success stories of great personalities like - Bill Gates, Steve Jobs

After the presentation, there was an interesting interactive session where the participants raised queries regarding the challenges they face in their inclusive set up and Ms. Pratima gave plausible strategies and solutions. The workshop was appreciated by all and received a positive feedback from the participants.

#### Feedback from the participants

"You are doing a nice job to motivate us and we will also try to motivate the children and parents. Please conduct more workshops like this; we should learn more from you. I would like to thank Samadhan its team for this workshop" – Ms. Poonam Bajaj, Coordinator & Admn In-charge, Good Shepherd Educational Society.

"The workshop covered almost all the information on Autism. We would like to arrange a workshop in our organization as well" – Lal Mohan Jha, Adarsh Balika Innovative Educational society, Sangamvihar.

"Very good presentation and we will try to incorporate the techniques in our classroom" – Ms. Kiran, Teacher, Native Pride Shool, Dakshinpuri

"We learnt a lot about Autism in this workshop and very useful ideas to implement within the classroom" – Deepika, Teacher, Good Shepherd Public School

#### Workshop on ART and the BRAIN!

Expressive Art Therapy workshop was conducted for the children of Special Education Unit at our Dakshinpuri Centre on 12<sup>th</sup> July 2017 by Ms. Aparna Balasundaram, Psychotherapist in New Delhi

and Atreyu Samuel, a volunteer with a keen personal and professional interest in the Special Needs/Intellectual

Disability space with a mission to learn, grow and work in this field, from a neuroscience perspective.

Art therapy has been used as an effective therapeutic tool with special needs children. Expressing through art, involves different motor,

somatosensory, visual, emotional, and cognitive aspects of information processing with the activation of the corresponding neurophysiological processes and brain structures [Lusebrink, 2004].

Using art allows for an alternate means of communication and self-expression and also provides us with another avenue into the inner world, emotions, thought patterns and workings of a special

needs person that might be inhibited in the ways they can assimilate, share and communicate.

The session was on ART and my FEELINGS. It focused on - "what makes me angry and what makes me happy". The resource persons used visual aids to show the children faces that depicted anger and happiness, and asked them about what made them feel angry/happy. With the use of visual aids and

demonstrating role modeling of facial expression, the children drew on the paper using colours of their choice. It was observed that three of the children could comprehend and express through art in the workshop. The children had great fun with colours and enjoyed the session.





#### Crafts Workshop by Japanese Volunteers Group

Every month volunteers from the Japanese Volunteers Group visit our centres to conduct craft workshops. They teach the mothers of the children, teachers and staff various creative crafts. As a part of their voluntary work, they not only give their valuable time for us but they also sponsor the materials for the workshop. Apart from craft workshops, the group enjoys volunteering in the spice unit.



The workshops give the mothers and staff an opportunity to unwind their creativity and a time to put aside the challenges and relax.

#### Workshop on Effective Parenting at Hello Kids – Deeksha, Bengaluru

Hello Kids – Deeksha, a preschool in Bengaluru invited Ms. Pramila Balasundaram, Founder-Mentor of SAMADHAN, to conduct a workshop on parenting using the drama therapy techniques on 6 January, 2018. Since the group consisted of both teachers in the preschool and parents, the session was devised to address issues commonly faced by both groups.











The session was shared with Ms. Smitha Warrier, a Psychologist who gave a talk on early childhood development. It was interesting when the session moved on to the use of drama in childhood development; the two presentations came together in beautiful cohesion. Workshop started with a basic introduction to drama followed by sessions on childhood development using drama; the parents or care givers role in providing the needed environment; understanding the development of the child and its importance. The sessions were then followed by role play by four groups of participants who were given separate themes. The selected themes varied from a birthday party to a Tsunami. The enthusiasm and creativity with which these were enacted was proof of how meaningful the sessions were. The participants were encouraged to ask questions and make suggestions. The workshop ended with an enjoyable role play exercise facilitated by Ms. Pramila. The participants were looking forward to include drama therapy in their lessons.

#### Free Health Camp For Children With Special Needs

SAMADHAN conducts periodic surveys to identify children with intellectual disability, public awareness campaigns through health camps, puppet shows and street plays. On 12<sup>th</sup> September 2017, a health camp was organised in the Dwarka centre in collaboration with Edgeware Technologies Pvt. Ltd, a company working with documentation of medical records, which helped to streamline the documentation process by customizing a software, **VistA- Edge**, for this purpose. Along with their parents, 35 children with intellectual disabilities between the age group of 0-15, from in and around Dwarka, availed the services.



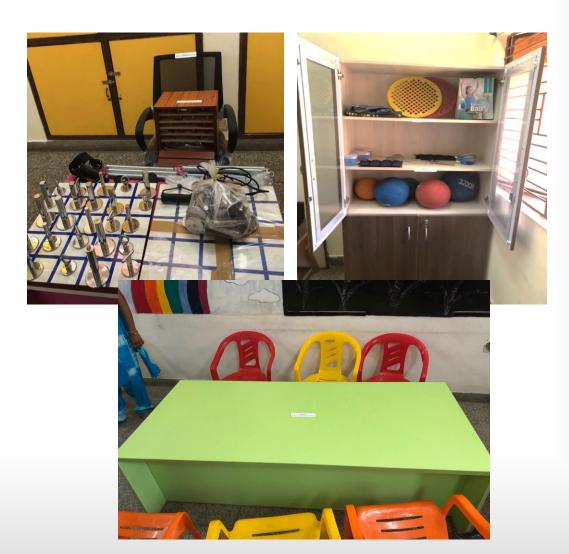
Multidisciplinary professionals consisting of a Pediatrician, Speech Therapist, Occupational Therapist, Psychologist and Special educator provided assessment services and therapeutic intervention to the children during this camp. Counseling services on obtaining disability certificate and legal guardianship was also provided to all the parents. Being a registered organisation and a member of Local Level Committee -New Delhi District, of the National Trust, a statutory body of Government of India, the organisation has also taken up the initiative to assist parents/guardians to fill the online applications for the Legal Guardianship and Nirmaya schemes of the National Trust.

#### **Valuable Contributions**

#### The Sumitomo Group

The Sumitomo Corporation India Pvt. Ltd. generously donated funds for the purchase of equipment for the therapy and special educational units of SAMADHAN. The equipment has made a huge difference for the existing beneficiaries both in Dakshinpuri and Dwarka.

Our special education unit has a new look, vibrant with colorful tables, comfortable seating arrangement for children, teachers and professionals, and proper storage units to keep the teaching aids. The makeover has livened the atmosphere of the special education unit where the children now feel more energetic and eager to learn. An activity room has been set-up with big equipment items like 5 types of Swings, CP chairs, Rope ladder, magnetic board with pegs, standing positioner, examination couch, shoulder pulleys, staircase for climbing exercises, parallel bars etc. Sumitomo Corporation's contribution towards our cause has enabled us to provide more advanced services for the children.



#### Team Sumitomo visits Dakshinpuri

On March 7<sup>th</sup> 2018, SAMADHAN had two top officials from Sumitomo, Mr. Masahiro Narikiyo – Chairman & Managing Director and Mr. Mitsutaka Yasuda – Director visiting our Dakshinpuri facility along with Ms. Pooja Singh and Mr. Vivek Pandey, the project leaders.



They visited the Early Intervention unit, where children in the age group of 0-6 years and those children below 12 years of age needing physiotherapy come along with mothers and caregivers for regular physiotherapy, occupational therapy, speech therapy, special educational inputs and behavioural counseling.

The team members were shown the furniture and

equipments purchased using the funds provided by them. Mr. Narikiyo was interested in knowing about the use of equipment and how they would benefit the children. He then interacted with children; spoke to mothers about the condition of their children and the benefits of availing therapy.

The team then met the Medical consultant, Dr. Mrs. SK Bhatia, Pediatrician, and

discussed about medicines which are useful to support the intervention children with special needs. They also visited the Special Education Unit where they were greeted with roses and cards specially made by children. The children were very excited and performed a dance for the guests.



#### The Toy Bank

The Toy Bank envisages a society where the underprivileged children have the *Right to Play*. The toys that are collected through the collection centres and collection drives in schools and corporates are then refurbished and repackaged into age-graded toy kits and re-distributed. The organisation sent toys for our children

Shubhan, a child with mild mental retardation and physical disability chose a rattling toy which fascinated him. Regardless of his difficulty in walking, he picked toys from the box and shared it with the other children in the early intervention unit.

Rattling toys, musical toys, toys with texture, cuddly toys, puzzles, balls, toys which cause sensory stimulation were sent as gifts to our children who are otherwise deprived of going to a play school or nursery like their siblings or peers. They are all from low socioeconomic communities and rarely get to play with toys of this kind.



#### **Dwarka Special Education Unit**

The XL Catlin group in India is a leading property and casualty insurer and reinsurer supported the activities of SAMADHAN by contributing toward the renovation of the washrooms for the children, and the payment of honorarium for the professionals who form the integral part of the organization. A service is incomplete without these professionals and the XL Group stepped forward to fund their honorarium so that the children can get the best quality service at an affordable cost. Four children have greatly benefitted by this initiative.

Since we restarted the services with the support of XL group, we were able to raise resources for equipment through corporate and individual donors who contributed for purchase of equipment like rope ladder, shoulder pulleys, assessment tools such as goniometers, balancing board, medicine balls and classroom furniture.

The Gurukripa Trust, New Delhi had generously sponsored the therapy services for two children, Jatin and Vasundhara, by providing financial assistance for three months. The children greatly benefitted from this contribution since they come from a very humble background. The monetary support made the parents very happy for they could now afford to provide their children with the necessary therapy.

#### **Success Stories**

#### A support for Jatin's bright smile

Sometimes in life you need a bit of drama, and you can count on Jatin for that! "He observes the people around him and tries to imitate them", says Sangeeta, his mother. Sangeeta and Sudhir come from a much marginalized section of the society. Sudhir is a salesman in a shop and is the sole breadwinner of the joint family. His wife is a homemaker. Jatin is seven years old and is their first born child. They have a

younger son who is now two years old. "When we got to know that our first born son is not like the other children. it depressed us. We asked God for strength to get through the phase. Now, even though God has given us another son, Jatin will always be the special one among the two", Sangeeta told us while smiling lovingly at her son who was trying to pull her into the classroom.

Jatin came to SAMADHAN with a combined condition of Attention Deficit Hyperactivity Disorder (ADHD) and moderate Mental Retardation (MR). Before joining the organization, Jatin was extremely hyper. "There was absolutely no peace in the house. The entire day was spent trying to control him", his father said. He did not eat any other food other than milk and biscuits, could not communicate and was not able to perform any activity on his own.

The specialists at SAMADHAN designed a specific course for him to follow everyday. This included physical exercises and other play-way methods to train Jatin's body and mind to perform at least the day to day activities independently. Within four months, a tremendous change could be seen in the child. He can now hold a pencil and scribble, clean his face on his own, express his needs through speech and

identify his belongings from that of the others. Whenever he meets someone, he shouts a loud 'Namaste' with a smile. The special educator has also observed that he now sits in his chair calmly when he's required to perform a classroom activity.

Sangeeta is extremely happy that Jatin has finally calmed down. She enjoys the way he imitates other and jokingly suggested that he could

have become an actor. The intervention at SAMADHAN has shown an improvement in her child's behaviour and she hopes that someday Jatin will become independent.

The organization and Jatin's parents thank the Gurukripa Trust for sponsoring Jatin. The financial aid provided him with essential services which were beyond the means of the family. It has brought a smile on the face of a little actor known as Jatin.



#### Vasundhara, always a winner

Vasundhara Rathore, fondly known as Vasu, is a pretty, strong and lively ten year old. This little bubble of joy came to SAMADHAN with Speech Articulation Disorder with Hemiplegic Cerebral Palsy, a condition in infants and children that results from damage to the part (hemisphere) of the brain that controls muscle movements. The term hemiplegia means that the paralysis is on one vertical half of the body, in Vasundhara's case it is the left side of her body that is affected. But all this has

not made her pessimistic about life.

Rambir and Vinita Rathore, Vasundhara's parents, are from a very humble background. Rambir is a driver while Vinita is a homemaker who also sells homemade pickles in order to support the education of their three children. Vasundhara is their second child and the most special one for them.

With education in India becoming inclusive, her parents admitted her in a nearby Kendriya Vidyalaya, a government school. Due to its infant stage of introduction, the concept of inclusive education did not enable her to maximize her potential. Accompanied by her mother, she went to school but was not able to cope up with others.

"Going to a mainsteam school without proper orientation is not helpful", says Mr Jitender, a Speech Therapist in SAMADHAN. "Special intervention along with exposure to the

peers of her age is the key to motivate her to work towards achieving the various goals set." Vasundhara was advised to start specialized services at SAMADHAN and sponsorship was sought to help her get quality services. Gurukripa Trust extended its support for her and after availing specialized services, she can now write Hindi and English alphabet, draw shapes, get dressed on her own and recite various poems. "Vasu is becoming independent, likes meeting new people and talks to

everyone without inhibition". says her In mother. class, she volunteers and actively participates in every activity. She goes to the mainstream school twice a week now and is able to relate to the other students of her class. Her training at SAMADHAN is carefully tailored so as to enable her to participate more actively the classroom interact with her peers. The

special educator observed that she never leaves a task incomplete and is not a quitter. Sometimes her little fingers get tired of performing an activity but that does not stop her. Until the assignment is successfully completed, she does not give up.

The generous contribution by the Gurukripa Trust has enabled Vasundhara to receive positive intervention to improve her condition and keep her smiling.



#### Mr. Funaki's Visit to Dakshinpuri



#### The Magic Show organised by Impresario India

Instituted in 1993, Impresario India is a socio-cultural organization — a selfless venture comprising of a team of dedicated art lovers from different walks of life. They have been working for the welfare of special children for last two decades. Through its various programs, particularly the occasional Get-together of our special friends, Impresario India has been making concerted efforts to give them a sense of belonging to the society, a feeling that they too are very much a part of the society. This year, too, our children attended the magic show and enjoyed it to the core.







#### **Event - Challenges to Celebrations**

An innovative event - "Challenges to Celebrations" was organised by SAMADHAN in collaboration with India International Centre on February 28, 2018 in their auditorium. Creativity is inherent in all human beings. The event provided a platform for showcasing the talents of the children. The programme was very informal and emotional with sharing of their stories by persons with disabilities interspersed with musical and dance performances by the children.

Ms. Pramila welcomed the gathering, followed by sharing of experiences by Ms. Ranjana Pandey, Founder of Jan Madhyam. She shared how her life's journey with her daughter led to the birth of Jan Madhyam, an NGO working for the Inclusion of challenged and economically disadvantaged children.

Our young dancers from SAMADHAN performed beautifully to the song - "Choti si asha". They enthralled the audience, both with their graceful movements and lovely costumes. The students from Jan Madhyam performed on their own composition and to everyone's delight they played their own instruments. A melodious and soulful classical Hindi song was presented by Ms. Sandhya from Muskaan, an NGO working for persons with intellectual disabilities. Ms. Amrit Khurana — a self-advocate, displayed her paintings which were stunning, picturesque and attractive. The event also showcased an Art Exhibition by challenged artists from all over India and prizes were given to five best entries.

Experiences were shared by Ms. Arti, a parent, Mr. Bharat Singh, a self-advocate, and Ms. Latika, his sister who is also a Special Educator at SAMADHAN. The performances and presentations were followed by an open house discussion facilitated by Ms. Ranjana Pandey, where some of the parents shared their experiences and wished for more such platforms for the children to showcase their talents and build confidence in life. They also felt such events will create more awareness about how to deal with the challenges related with disability and lay the foundation to approach life positively.

We would like to thank the Ministry of Culture, India International Centre, Ms. Geeta Jain (Strategic Program-Vice President) and Ms. Sunita S Menon (Senior Director-Human Resources) from Carlson Wagon Lit Travel, India, Ms. Amrita Lalljee (Drama and Theatre in Education Practitioner), Ms. Ranjana Pandey, and Ms. Janak Gandhi (Board member - SAMADHAN) for their support in organizing this event. It was a touching moment for parents who witnessed the first stage performance of their children. The program ended with joy and smiles on the faces of the audience, and a request from the parents to organize more such events to provide a platform the children to showcase their talents.



#### Feedback from Carlson Wagon Lit Travel, India

"I was a delight to watch the kids onstage. I do recognize the effort that went behind it. So my sincere compliments to you, Sumathi and the entire team of SAMADHAN. I feel like a part of the family and therefore am happy to contribute in any way I can"

Geeta Jain | Strategic Program Vice President

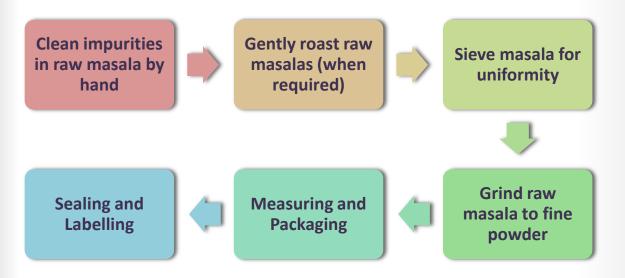
"The program was indeed wonderful and was glad to be able to participate in it. SAMADHAN team gives its heart and soul to these children and their families and it's the learning's about life, selflessness and the spirit perseverance are what I always take back home from my interactions with the team. Folks like you, Sumathi, all the teachers and staff members are making a difference in our world. God Bless"

- Sunita S Menon | Senior Director Human Resources

#### **Income Generation Programmes**

#### The Spice Unit

The Spice Unit at our organization is run by mothers from low income group. They work with passion and dedication to provide the best quality spices for the consumer. Our spice production process ensures purity and freshness. The purity of the spices can be observed with its increased shelf-life and also in the 25-30 percent reduction of its use while cooking. Here's how we do it –





Apart from our regular customers, the Japanese Volunteer

Group have a taken a liking to our masalas. It has become their favorite spice brand. They particularly like the tea masala which they like to add to their chai to make it just right!

Over the past few years, Just Organics, a company which procures and markets organic goods, has been partnering

with us. They supply organically grown raw materials for the masalas which are then carefully processed in SAMADHAN and later marketed by the Just Organics company. This partnership has ensured in the continuity of work in the spice unit.



#### **GAP - Eco-friendly complimentary bags**

Gap India at Delhi is a big supporter of SAMADHAN. The organisation has been consistently arranging its surplus sales once or twice a year among its employees, and the sale proceedings are contributed to support our organisation in its activities. This year as a token of our gratitude, we made complimentary carry bags which became a great hit with the employees who enthusiastically participated in the sales resulting in generous contribution. The huge carry bags were made by the ladies at SAMADHAN who had a great time making it since it also allowed them to bond with each other. We thank GAP India and the employees for their continuous support.



#### **Celebrations at SAMADHAN**

# Independence Day





# Sparkling Diwali

#### Celebrations (contd...)



A Merry Christmas



# Republic Day

## Annual Report

#### **Acknowlegments**

#### Our sincere thanks to...

#### Individual Donors

Mr. Mauro Mozzato

Ms. Amrita Laljee

Ms. Sudha Gurtoo

Mr. Sundeep Das

Dr. Pinky & Avirup Ghosh

Ms. Hansla

Ms. Geeta Jain

Ms. Sunita Menon

Ms. Srilakshmi

Ms. Tushar Robins

Mr. Nino Dichristo

Ms. Poonam Lalla

#### Organizations

The National Trust

Heart & Hand for the Handicapped, USA

**Gap International** 

Sumitomo Corporation India Pvt. Ltd

Ministry of Culture, Government of India

XL India Business Services Pvt. Ltd, Gurgaon **Infrastructure Limited** 

Funaki San, Takuri-kai, Japan

Japanese Women's Volunteer Group, New Delhi

**India International Centre** 

Impressario India

Guru Kripa Trust

Donors through Global Giving

#### **SAMADHAN**

(NGO for children with Intellectual Disabilities)

Registered Address:

F - Block, Main Park, Sector V, Dakshinpuri

New Delhi—110062

#### **Administrative Office:**

Sector 2, Pocket 2, Dwarka New Delhi - 110075

Tel: 011-45516693 / 25073137

Email: samadhan.dwarka@gmail.com www.samadhanindia.org